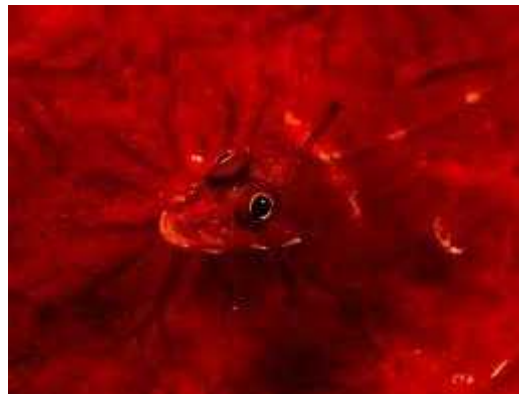


# How color affects our lives



Whether or not we realize it, we are all affected emotionally by the colors that surround us. In our home, the colors that we choose reflect our personality and our feelings at that time. Colors also influence our guests and the other family members in our home.

## RED



Red stimulates our nervous system and increases assertiveness. Reds make us feel empowered and energetic. They are great for areas where physical activity is happening, like a workout room. If you have trouble getting out of bed in the morning, paint your bedroom red and you'll jump out bed. Red seen in the aura indicates passion, courage, enthusiasm, and excitement.

## ORANGE



Orange is also stimulating. Red and orange increase the appetite. This is why these colors are so popular in restaurants and especially fast food restaurants. Orange is a great color for a dining room as it helps people loosen up and laugh more. In an orange dining room, dinner parties will last longer and seem more interesting. Orange seen in the aura indicates energy, optimism, and positive thoughts.

## PINK



Pinks offer a sense of well being and make people feel affectionate and positive toward others. A light shade of pink can be used as a neutral background much like a gray. Pink seen in the aura indicates friendship, affection, devotion, and tenderness.

## YELLOW



Yellows remind us of the sun. Yellow can visually expand the space in a small room. Yellow is terrific to brighten up a bedroom or a living room, especially when combined with royal blue. Yellow seen in the aura indicates luck, intelligence, and academic achievement.

## GREEN



Greens are symbolic of gardens, meadows and forests. When we are surrounded by green, we feel calm, refreshed and at peace. Green is great for bedrooms, bathrooms and other areas where tranquillity is desired. Green seen in the aura indicates money, prosperity, abundance, and a love of nature. Light Green indicates health, new beginnings, youthfulness.

## BLUE



Blue is the most popular color of choice by most people. It symbolizes relaxation, serenity and a deep peace. Blue seen in the aura indicates peace, calmness, communication, and intuition. Light Blue indicates spiritual and psychic development, and compassion.



