

## TIE EXAM B2-C2 CANDIDATE'S LOGBOOK

Part 1: Candidate's Personal Information	
NAME	
SURNAME	
FATHER'S NAME	
NAME IN LOCAL LANGUAGE	
SURNAME IN LOCAL LANGUAGE	
DATE OF BIRTH	
LEVEL YOU AIM AT	<input type="checkbox"/> B2 <input type="checkbox"/> C1 <input type="checkbox"/> C2

### Part 2: Candidate's Preparation

#### Investigation

- **2.1 Summary:** Provide a summary of your Investigation (B2, C1, C2: minimum 200 words).
- **2.2 Questions:** Answer 3 questions about your Investigation in 50-100 words per question (all levels).

#### News Story

- **2.3 Summary:** Provide a summary of your News Story (B2: approx. 150 words, C1: approx. 200 words, C2: approx. 250 words).
- **2.4 Questions:** Answer 3 questions about your News Story in 50-100 words per question (all levels).

#### Book

- **2.5 Summary:** Provide a summary of your Book (B2: approx. 150 words, C1: approx. 200 words, C2: approx. 250 words).
- **2.6 Questions:** Answer 3 questions about your Book in 50-100 words per question (all levels).

## 2.1: Investigation

Provide a summary of your Investigation (B2, C1, C2: minimum 200 words).

### Investigation Title: Benefits of Aloe Vera

Aloe vera has gained widespread recognition for its many uses and benefits. This remarkable plant has been popular for centuries because of its cosmetic and medical uses.

One of the primary uses of aloe vera is in skincare. The plant's tough skin contains a thick gel, which is a natural moisturizer. It soothes and hydrates the skin, which makes it a popular choice for treating sunburns, minor burns, and dry skin conditions. Applying it regularly can also make skin appear more youthful, due to its moisturizing effect.

Aloe vera also can also help with stomach issues. IT is available in juice form, which can help ease digestive discomfort. This is thanks to its anti-inflammatory and soothing properties. There has even been some limited research into the benefits of aloe vera on more serious medical conditions, such as diabetes.

Another benefit of aloe vera is its ability to heal wounds. When applied to an injury, it speeds up the healing process of cuts, insect bites, and bruises due to its antibacterial properties. This natural remedy can also help prevent infection and minimize scars.

In conclusion, the uses and benefits of aloe vera include skincare, digestion, wound care, and potential medical applications. In today's world, where people are increasingly seeking natural remedies and eco-friendly alternatives, aloe vera stands out as a sustainable and environmentally friendly option.



## 2.2: Questions

Answer 3 questions about your Investigation in 50-100 words per question (all levels).

### 1. Why did you choose to investigate this topic?

I've chosen to investigate this topic as I have a keen interest in natural remedies and treatments. I personally have kept aloe vera plants for years and have always used them for treating sunburn, but I had never thought to consider what other uses the plant might have. Once I started looking into it, it was difficult to stop! I think it is fascinating that every day plants can offer so many benefits to people. In the past, people relied on plants a lot more, instead of just going to a pharmacy or a doctor.

### 2. What is the most surprising thing you have learnt from your investigation?

I was surprised to learn that the plant can help our body digest food. I had seen aloe vera used as an ingredient in smoothies and juices, but always assumed it was there for taste, or simply as a selling point. I'm a big fan of natural remedies, so it's good to know that this plant can be used instead of pills from the pharmacy. I'm planning to look up a recipe for an aloe vera juice and make it at home.

### 3. Which part of the investigation would you like to share with your friends?

I have often encouraged my friends to use aloe vera on burns, but I think they would be very interested to hear about its anti-ageing properties! Again, this is something I was unaware of, but it makes sense as it is a good moisturizer. Some of my friends spend a lot of money on various creams and lotions that claim to be anti-ageing, so it's good to know there's a simple household plant that could be used instead.

## 2.3: News Story

Provide a summary of your News Story.

(B2: approx. 150 words, C1: approx. 200 words, C2: approx. 250 words)

**Title:** Danish Man Visits Every Country Without Flying

**Source:** <https://newsforkids.net/articles/2023/09/07/danish-man-visits-every-country-without-flying/>  
(accessed 7th September 2023)



Torbjørn “Thor” Pedersen, a Danish traveller, recently completed a 10-year journey to visit every country in the world without flying.

He initially set out with the goal of finishing the trip in four years, spending no more than \$20 a day and not returning home before he reached the final destination. He travelled through Europe and North America relatively easily, but faced various challenges in other regions.

In order to avoid air travel, Thor had to rely on various modes of transportation. To cross seas and oceans, he was forced to take boats, which meant that he endured some dangerous storms. As he wasn’t always able to find suitable accommodation, there were times where he had no choice but to sleep outside.

Thor received help from people worldwide, which motivated him to continue his journey despite various dangers he encountered, like being threatened with a gun, or falling severely ill with malaria.

Thor’s girlfriend visited him several times during his adventure, and he proposed to her during one of her visits. But because of the coronavirus pandemic and the travel restrictions at the time, Thor got stuck in Hong Kong for two years. This meant that the couple had no other option but to get married online.

Thor’s remarkable adventure concluded in the Maldives, and he is planning to write a book about his experiences, in order to share the lessons he has learned with a wider audience.

## 2.4: Questions

Answer 3 questions about your News Story in 50-100 words per question (all levels).

### 1. Why did you decide to read this news story?

I’ve always been fascinated by travel and so I knew I’d enjoy reading about a man who travelled to every corner of the world! I wasn’t disappointed, because Thor had a lot of thrilling adventures during his journey. It was inspiring to learn that you can travel the world on quite a limited budget. I think newspapers should publish more positive stories like that, to give their readers motivation to achieve things in life!

### 2. What has this news story taught you about life?

I think the main lesson that I learnt from this news article is that we can overcome all sorts of difficulties in life. For example, Thor was separated from his girlfriend for a substantial period of time during the pandemic, but he didn’t let that affect his relationship nor their plans to get married. Instead, they came up with a solution to the problem and exchanged their wedding vows online! So I’ve learnt that every problem has a solution, you just need to think outside the box.

### 3. Why do you think other people should read this news story?

The key reason why I think other people should read this article is the environmental aspect. The article really highlights that flying is not the only way to travel. I strongly believe we should all become more aware of the impact of flying on the environment. People tend to ignore this problem and just catch a plane whenever it’s convenient to them. Instead, they should consider other forms of transport, and this article is a great example of how to do that.

## 2.5: Book

Provide a summary of your Book.

(B2: approx. 150 words, C1: approx. 200 words, C2: approx. 250 words)

**Book Title:** The Old Man and the Sea

**Author:** Ernest Hemingway

"The Old Man and the Sea" is a classic novella by Ernest Hemingway, set in a Cuban fishing village. The story revolves around Santiago, an elderly and impoverished fisherman who hasn't caught any fish for 84 days. Despite his bad luck, Santiago is determined to prove himself once more.

The story also mentions a young man Manolin. He is a close friend and apprentice to Santiago. Manolin has a deep respect and affection for Santiago, who has taught him the art of fishing.

One day, Santiago sets out alone on his boat, and soon hooks a marlin, an impressive fish of incredible size and strength. Over two days and nights, he struggles to bring the fish on board of his boat. During the fight, Santiago's connection with the marlin grows as he admires the fish's determination. Eventually, he succeeds in catching the marlin, but his victory is short-lived. On his way back to shore, sharks attack the fish, leaving only its skeleton.

Despite the loss, Santiago's spirit remains unbroken. He returns to the village with the skeleton as a testament to his skill and courage, earning respect and admiration from the villagers.

The main themes of "The Old Man and the Sea" are human determination and the relationship between man and nature, as well as the enduring spirit of individuals in the face of misfortune.



## 2.6: Questions

Answer 3 questions about your Book in 50-100 words per question (all levels).

### 1. Describe your favourite character and explain why you like them.

Manolin is my favourite character in the book. He is a young boy who has a deep affection and admiration for Santiago, the old fisherman. I admire how deeply Manolin cares about Santiago. He doesn't just abandon him when his parents insist that he takes up a job on a more successful boat. Instead, he continues to bring Santiago food and help him with his fishing gear. Manolin looks up to Santiago as a mentor, and learns valuable life lessons from the old man's experiences and wisdom, which is something all young people should do.

### 2. Describe your favourite part of the story and explain why you liked it.

My favourite part in the story is Santiago's resilience after losing the marlin to sharks. Instead of feeling defeated, he carries the marlin's skeleton back to the village with dignity. This event highlights that true success is not just measured by achievements, but by our character and response to challenges. Santiago's ability to find meaning and pride in his efforts, even in the face of failure, is deeply inspiring. It illustrates the main idea of the novella, which is how remaining strong is really important when trying to achieve your goals.

### 3. What is the most important lesson you have learnt from the book?

To me, the central message of this book is about how old age gives us life wisdom. Santiago's age and experience make him a wise and skilled fisherman. The story emphasizes that even as the body weakens with age, the mind can remain sharp and capable of achieving great things. I think that this message is particularly relevant nowadays, when younger generations tend not to appreciate their elders as much as they used to in the past. Young people often focus on external appearance and forget that beauty fades, but our experience and wisdom remains.